

**CURRICULUMVITAE  
EXTRACT**

**LAURA VASINI**



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**PERSONAL INFORMATION**

**EDUCATION AND  
TRAINING**

- Date (from-to) February 2021  
Name and type of educational institution Biofeedback Certification International Alliance  
achieved qualification **BCIA certified neurotherapist**
  
- Date (from-to) 15-22-29 october 2020  
Name and type of educational institution EEG Education & Research  
Principal subjects/occupational skills **Trauma, development and neuroplasticity**  
Trainer: Ruth Lanius MD PHD
  
- Date (from-to) 16-18 october 2020  
Name and type of educational institution Medicina e sviluppo -Italian center of excellence BFE  
Principal subjects/occupational skills **QEEG workshop Advanced neurofeedback and brain mapping - Treviso**  
Trainer: Cynthia Kerson
  
- Date (from-to) 8-12 april 2019  
Name and type of educational institution **5 day BCIA Neurofeedback Program -BFE – Cardiff Wales**  
UK– 8-12 april 2019
  
- Date (from-to) February-December 2019 (11 days)  
Name and type of educational institution Trauma Area – Specialist training in psychotraumatology  
Principal subjects/occupational skills **Course TRAST1- Trauma informed stabilization treatment held by Janina Fisher**
  
- Date (from-to) 2018-2019  
Name and type of educational institution Medicina e sviluppo -Italian center of excellence BFE  
Principal subjects/occupational skills **Master in Bio-Neurofeedback – (144 hours) Milan**
  
- Date (from-to) 2018 from 27 to 31 august (5 days)  
Name and type of educational institution Research Institute for Quantitative and Quantum Dynamics of Living Organisms  
Principal subjects/occupational skills **Summer School on Neuroscience: Brain and Gut from Molecules to Mood**

	• Date (from-to)	2017
Name and type of educational institution		BFE -Biofeedback Federation of Europe
	achieved qualification	BFE Certification III liv Neurofeedback
	• Date (from-to)	2016
Name and type of educational institution		Area Trauma Srl
Principal subjects/occupational skills		Trainers: Janina Fisher, Dolores Mosquera, Giovanni Tagliavini 5th International Course: New Frontiers in the Treatment of Trauma - Structuring the Treatment of Complex Dissociative and Traumatic Disorders: Stabilizing Stage 1, Proceeding to Stage 2
	Date (from-to)	2016
Name and type of educational institution		ASP (Italian Association of Psychologists) - Milan
Principal subjects/occupational skills		Trainers: Lorenzon Luciana - Instructor BFE Italy Basic and advanced training course in Biofeedback and Neurofeedback
	achieved qualification	4 days (32 hours) Level I and II Biofeedback and Neurofeedback
	• Date (from-to)	2014-2015
Name and type of educational institution		Psicosoma Milan
Principal subjects/occupational skills		Trainers: M Kekuni, A. Cutter of Sensorimotor Psychotherapy Institute - Milan, Italy. Training course in emotional regulation, attachment and trauma. Emotional processing, attribution of meanings and repair of Attachment
	achieved qualification	<b>Assistant - Training in Psychomotor Psychotherapy II level:</b> <i>(220 hrs - 28 days)</i>
	• Date (from-to)	2013
Name and type of educational institution		Psicosoma Milan
Principal subjects/occupational skills		Trainers: M Kekuni, A. Cutter of Sensorimotor Psychotherapy Institute - Milan, Italy. Training course in emotional regulation, attachment, and trauma. Emotional dysregulation, animal defenses and traumatic memories
	achieved qualification	<b>Assistant - Training in Psychomotor Psychotherapy I level:</b> <i>(90 hrs - 12 days)</i>
	• Date (from-to)	2012-2013
Name and type of educational institution		Psicosoma – Milano
	achieved qualification	Trainers:: M Kekuni, D. Harkin of Sensorimotor Psychotherapy Institute <b>Training in Sensorimotor Psychotherapy II level</b> <b>Emotional Regulation, Attachment and Trauma (220 hrs / 28 days)</b>
	• Date (from-to)	2011 - 2012
Name and type of educational institution		Psicosoma – Milano
Principal subjects/occupational skills		Trainers:: M Kekuni, D. Harkin of Sensorimotor Psychotherapy Institute Sensorimotor Psychotherapy (Fisher & Ogden, 2009; Ogden & Minton, 2000; Ogden, Minton & Pain, 2006) is an approach to post-traumatic disorders and psychotherapy in general developed in the 1980s. Originating as a new form of body-based psychotherapy, Sensory-Motor Psychotherapy has progressively become an integrated psychotherapeutic approach specifically calibrated to treat Post-Traumatic Stress Disorder (PTSD) and complex post-traumatic

disorders, as well as addendums related to the patient's developmental and attachment history (Fisher & Ogden, 2009).

achieved qualification **Training in Psychomotor Psychotherapy I level:  
The treatment of trauma (90 hrs - 12 days)**

• Date (from-to) 2010

Name and type of educational institution San Luigi Gonzaga University Hospital

Principal subjects/occupational skills **Advanced course on psychological aspects of Genetic Counselling (18h)**

• Date (from-to) 2010

Name and type of educational institution New Yuthok Institute for Tibetan Medicine – Milan

Principal subjects/occupational skills ***The basics of Buddhist psychology - Training course in meditative techniques***

• Date (from-to) 2007-2008

Name and type of educational institution EMDR Italy Association - Milan

achieved qualification **EMDR Level I and II Training**

• Date 2006-2008

Name and type of educational institution A.P.D.E. Association of Experiential Dynamic Psychotherapy - Milan

Principal subjects/occupational skills Dynamic Intensive Experiential Psychotherapy (PD-EI) is a form of treatment that is more intense and shorter than traditional psychodynamic and psychoanalytic psychotherapy, of which it represents an evolution. It is based on the creation of an authentic interpersonal relationship and on techniques capable of helping the individual to get in touch with all his emotions. Emotional experience is considered a profound and meaningful expression of the Self, and therefore as the main tool to activate the reparative potential and integrative resources of the individual.

achieved qualification **Core Training in Intensive Experiential Dynamic Psychotherapy (240 hrs)**

• Date 2003-2005

Name and type of educational institution University of Turin - Faculty of Medicine and Surgery

achieved qualification **Two-year university master's degree in Psycho-oncology**

• Date **24/11/2003**

Name and type of educational institution **Order of Psychologists of Piedmont**

• achieved qualification **Registration in the list of psychotherapists**

• Date (from-to) 1999-2003

Name and type of educational institution SPP - School of Psychoanalytic Psychotherapy of Developmental Age) Institute of Milan - recognized by the M.U.R.S.T. on 4/11/1994, D.M. of 20/3/98; G.U. n°91 of 21/4/1998

achieved qualification **Diploma of Specialization in Psychoanalytic Psychotherapy of Developmental Age**

<ul style="list-style-type: none"> <li>• Level in national classification</li> </ul>	70/70 with honors
<ul style="list-style-type: none"> <li>• Date (from-to)</li> </ul>	31-1-2000
Name and type of educational institution	Order of Psychologists of Piedmont
achieved qualification	<b>Enrolment No. 2522</b>
<ul style="list-style-type: none"> <li>• Date (from-to)</li> </ul>	First session year 1999
Name and type of educational institution	University of Turin
achieved qualification	<b>Licensing to practice as a psychologist</b>
<ul style="list-style-type: none"> <li>• Date (from-to)</li> </ul>	1992-1997
Name and type of educational institution	University of Turin, Faculty of Psychology
achieved qualification	<b>Degree in Psychology</b>
Level in national classification	110 with honors

## WORK EXPERIENCE

<ul style="list-style-type: none"> <li>• Date (from-to)</li> </ul>	<b>2022</b>
<ul style="list-style-type: none"> <li>• Name and address of employer</li> </ul>	Università degli studi di Torino – Corso di Laurea in Psicologia- Docenza a contratto Insegnamento Psicologia clinica- Laboratorio di Psicomatica
<ul style="list-style-type: none"> <li>• Date (from-to)</li> </ul>	<b>2021 to present</b>
<ul style="list-style-type: none"> <li>• Name and address of employer</li> </ul>	Service Psychology of the National Sanitary Company - City of Turin - Psychophysiology of Stress clinic
<ul style="list-style-type: none"> <li>• Date (from-to)</li> </ul>	<b>2018 -2021</b>
<ul style="list-style-type: none"> <li>• Name and address of employer</li> <li>• Main tasks and responsibilities</li> </ul>	Service Psychology of the National Sanitary Company - City of Turin - Psychology clinic Clinical activity with trauma patient population
<ul style="list-style-type: none"> <li>• Date (from-to)</li> </ul>	<b>2009-2013</b>
<ul style="list-style-type: none"> <li>• Name and address of employer</li> <li>Main tasks and responsibilities</li> </ul>	San Luigi Gonzaga University Hospital, Psychiatric Clinic  As part of the work with the Medical Genetics team, I have structured pre and post genetic testing psychological paths for the research of BRCA1 and BRCA2 mutations.
<ul style="list-style-type: none"> <li>• Date (from-to)</li> </ul>	<b>2010</b>
<ul style="list-style-type: none"> <li>• Name and address of employer</li> <li>Main tasks and responsibilities</li> </ul>	Department of Clinical and Biological Sciences - University of Turin  I participated in the Research: "Pathway of psycho-pedagogical support in multiple sclerosis"
<ul style="list-style-type: none"> <li>• Date (from-to)</li> </ul>	2007-2012

- Name and address of employer

**Main tasks and responsibilities**

**FARO Foundation**

As part of the Family Protection Project funded by the Oncology Network, I was responsible for the construction of a network of psychosocial support for fragile families of cancer patients followed in the Medical Oncology of the A.S.O. San Luigi Gonzaga.

- Date (from-to)

**2004-2009**

- Name and address of employer

San Luigi Gonzaga University Hospital, Psychiatric Clinic

**Main tasks and responsibilities**

I have worked as a psychoncologist in the following hospital services: SSD Pulmonary Oncology - SC Medical Oncology - SSD Palliative Care and Analgesic Therapy - SSD Medical Genetics

- Date (from-to)

2003

- Name and address of employer

San Luigi Gonzaga University Hospital, Psychiatric Clinic

**Main tasks and responsibilities**

Project funded by the Piedmont Region: "Body discomfort and addictions in adolescence: from prevention to treatment" - I have been in charge of an adolescent desk within the hospital - I was part of the research group on the relationship between medical diseases and risk behaviors in adolescence. Project on eating disorders: I led a weekly therapeutic group for anorexic and bulimic patients.

- Date (from-to)

2006-2007

- Name and address of employer

A.P.P. (Parkinsonian Patients Association)

**Main tasks and responsibilities**

Conducting self-help group care-givers of Parkinsonian patients

- Date (from-to)

2003-2006

- Name and address of employer

National Sanitary Company - City of Turin - Laboratory of Group-Analysis- A.P.P.

**Main tasks and responsibilities**

I participated in the construction and management of a fortnightly residential project for Parkinsonian patients and caregivers (Together Project) financed by the Istituto San Paolo and managed by A.P.P. (Piedmont Parkinsonian Association) in agreement with the National Sanitary Company - City of Turin

**PARTICIPATION IN TRAINING COURSES**

October, 12, 2019

Workshop "Neurobiology and treatment of traumatic dissociation: Theory and practice of deep brain reorienting" – Dr Frank Corrigan

May 19-20, 2018

Workshop "Traumatic Dissociation in Children and Adolescents" - Dr. Sandra Baita - Area Trauma Milan

June 16-17, 2017

Workshop "Neurofeedback in the treatment of developmental trauma: calming the fear-driven brain" - Dr. Sebern Fisher - BTL Milan

June 19, 2017

- restricted seminar discussing cases treated with neurofeedback with Dr. S. Fisher

Workshop "Crucial Moments in the Treatment of Trauma: Towards the Integration of the Self" - Dr. Ruth Lanius - BTL Milano

February 24-25, 2017

February 18-19, 2017 - Milan

Workshop "Beyond trauma: the emerging role of EMDR in the treatment of depression and suicidal ideation –

Dr. Dolores Mosquera and Dr. Luca Ostacoli - Milan

January 29-30, 2016 Workshop "On the way to entirety: challenges in treating complex trauma and dissociation" - Dr. Kathy Steele - BTL Milan

October 16-17, 2015 Workshop "Healing the Traumatized Self. Consciousness, neuroscience and treatment" - Ruth Lanius MD, Ph.D. - BTL Milan

October 25-26, 2014 Workshop "Clinical applications of the polyvagal theory: the transformative power of the feeling of security" - Prof S.W.Porges - BTL Milan

March,11-13, 2011 Seminar "Techniques of the internal body and psychotherapy" with George Dowling ph.d - Liberamente Associando - Turin

## **PUBLICATIONS**

### *Articles on national magazine*

Ardino V, Vasini L., Zazza S.: *Sinergia tra scuola e servizio pubblico: una proposta trauma orientata*, in Acquarini E. (a cura di) "Stress lavoro-correlato. Traiettorie di rischio, resilienza e contesti", Franco Angeli, 2022

Gonella M., Vasini L., *Le "azioni che ascoltano": un modello di intervento psicosociale in oncologia*, in Gallina M.A. Gonella M (a cura di) "Proteggere la salute nell'esperienza della malattia oncologica. Prospettive transdisciplinari di cura tra scienze mediche e psico-sociali", Franco Angeli, 2017

Corino U., Urgo G., Tomasetta R., Vasini L., *L'apporto della gruppoanalisi nel trattamento delle malattie organiche croniche: variazioni sul Parkinson*, in GRUPPI n° 1 Gennaio-Aprile 2008

## **PERSONAL SKILLS AND COMPETENCES**

FIRST LANGUAGE **ITALIAN**

### OTHER LANGUAGES

	<b>ENGLISH</b>
Reading skills	EXCELLENT
Writing skills	GOOD
Oral expression skills	GOOD
	<b>FRANCESE</b>
Reading skills	EXCELLENT
•Writing skills	EXCELLENT
Oral expression skills	EXCELLENT

*The undersigned is aware that, pursuant to art. 26 of Law 15/68, false statements, falsity in documents and the use of false documents are punishable under the criminal code and special laws. In addition, the undersigned authorizes the processing of personal data, in accordance with Law 196/2003*

Turin, June 10, 2021