

Dr. med. Kurt Mosetter

Kurt Mosetter studied medicine in (Germany) and finished as a Medical Doctor 1996. Between 1986 and 2004 he made several journeys to the Far East in order to study the concepts of far eastern medicine (in particular in India, Tibet, Nepal).

He finished his academic studies in 1998 with his doctoral thesis at the *Institute for Psychology and Psychosomatic Medicine* (Professor Michael Wirsching) of the University of Freiburg.

After his studies he established his first medical practice. Here he marked the beginning of applied research that related the knowledge of modern science (physics, biomechanics, statics, neuroscience) to the traditional knowledge based on experience (acupuncture, dietetics). Over the next years Kurt Mosetter and his brother Reiner Mosetter created a new specific and very effective approach of therapy called **Myoreflex Therapy**. This genuine form of manual therapy has been beneficent for people suffering from **pain, stress** and **trauma** ever since.

In the course of the following years they established several medical practices and cooperative projects (in Germany: Constance, Freiburg, Gutach, Herrenberg; in Switzerland: Zurich, Baar).

Furthermore Kurt Mosetter is supervisor for more than 40 medical practices, working to the rule of the Myoreflex Therapy. In addition to this function Kurt Mosetter supervises the education department for basic and advanced training in Myoreflex Therapy and personally teaches classes about his theoretical and practical concept of **Neuromyology** in Germany and Switzerland.

On the basis of the dynamics of stress, trauma and, accordingly, **psychotraumatic stress** Kurt and Reiner Mosetter are closely connected to the *Institute for Psychology and Psychotraumatology* of the University of Cologne and its founder, Prof. Dr. Gottfried Fischer (1987 - 2012), one of the important pioneers in this field. Dr. Mosetter is also closely connected to Professor Dr. Dieter Felsenberg (1987 - 2012), head of the *Center for Muscle and Bone Research* of the Charité Clinic at the University of Berlin. Mosetter is furthermore engaged in research about **physiological and biophysical molecular stress, neurobiochemistry, and the specifics of performance metabolism**.

„The holistic nature of biological events is taken into account, as Myoreflex Therapy is formulated in terms of neuroanatomical, neurophysiological, biochemical and neurochemical descriptions and unites these diverse disciplines into an interconnected network that can be applied in clinical practice.“ (Prof. Dr. Gertraud Teuchert-Noodt) Kurt Mosetter worked together with the neurobiologist Prof. Dr. Gertraud Teuchert-Noodt from 2002 till today in several projects.

Myoreflex Therapy has meanwhile proven to be a highly effective therapeutic measure for treating injuries in the field of **professional sports** such as soccer, hockey, tennis and various others. Dr. Mosetter has been supporting several individual

professional athletes as well as internationally renowned sports teams such as FC Bayern, TSG 1899 Hoffenheim, RB Leipzig and the German national hockey team as well as the Olympic Center in Saarbruecken. From 2011 to 2016, Mosetter was the team doctor for the US men's soccer team and their coach, Juergen Klinsmann.